

Applied Arts Division  
PHED222  
3 Credits  
Fall, 2019



## COURSE OUTLINE

**PHED 222**

**Northern Outdoor Pursuits and Leadership I**

**3 Credits**

PREPARED BY: Gabor Gyorgy  
APPROVED BY: Andrew Richardson

DATE: September 2, 2019  
DATE: September 2, 2019

APPROVED BY ACADEMIC COUNCIL: Click or tap to enter a date

RENEWED BY ACADEMIC COUNCIL: Click or tap to enter a date



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The Course Outline Template is approved by the Academic Council on June 20, 2018

## Northern Outdoor Pursuits and Leadership I

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<b>INSTRUCTOR:</b> Gabor Gyorgy	<b>OFFICE HOURS:</b>
<b>OFFICE LOCATION:</b> A2420	<b>CLASSROOM:</b>
<b>E-MAIL:</b> ggyorgy@yukoncollege.yk.ca	<b>TIME:</b> 8:30 - 3:30
<b>TELEPHONE:</b> 668-8754	<b>DATES:</b> Fridays, September 6 <sup>th</sup> to October 11 <sup>th</sup>

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### COURSE DESCRIPTION

This course will introduce participants to various summer and fall outdoor pursuits, including canoeing, hiking, mountain biking, and survival skills. Instruction will focus on the principles of outdoor leadership, team building, decision making and risk management in a northern environment. Students will develop knowledge & skills for leading group activities in the northern outdoors.

### PREREQUISITES

None.

### RELATED COURSE REQUIREMENTS

#### Physical Requirements

This course is an introduction to outdoor pursuits in the north and students are not required to have previous experience or skills in the course activities.

Due to the nature of the course activities however, students will experience physical challenges that can include, but are not limited to, hiking up steep terrain, being on the open water, cycling over uneven trails, and being outside in ever-changing weather conditions for multiple days. Embracing these challenges with a positive spirit is critical to having a successful experience on this course.

### EQUIVALENCY OR TRANSFERABILITY

TRU PHED 2xx1 (3)

TWU HKIN 200 lev (3). Waive HKIN 430 VIU PHED 2nd (3)

UAF P.E. Elec. (3)

UR PAS 216, 225, 217 (3)

TRU-OL PHED 2xx1 (3)

UVIC EPHE 270 (1.5)

BROCKU unassigned 3 credits UAS P.E. Elec (3)

Note: This course can be taken as a personal development non-credit course with no university transferability (request Audit status on registration).

## LEARNING OUTCOMES

Upon successful completion of the course, students will be able to:

- Demonstrate Northern outdoor skills in canoeing, mountain biking, hiking and backpacking and wilderness survival
- Demonstrate leadership decision making and group management principles
- Plan and lead outdoor activities
- Apply risk management principles

In addition, research reveals that adventure programs often achieve the following positive consequences or benefits that carry over into daily life:

- development of positive interpersonal relationships leading to enhanced sense of community
- group bonding
- critical thinking
- deep learning through reflection on leading and learning
- evolution of judgment and personal responsibility
- personal growth
- increased social skills
- companionship and camaraderie
- increased environmental awareness
- acquisition of skills needed to function in outdoor settings
- self-fulfilment
- self-reliance
- enjoyment of life
- physical fitness
- increased student retention in university programming

- leadership and decision-making skills and
- development of a sense of place, self-transcendence or wilderness spirituality.

### **COURSE FORMAT**

Class is Fridays from 8:30 - 3:30. There is a mandatory three-day weekend canoe trip during the term. The schedule is subject to change due to weather conditions (rain/snow etc) and availability of resources. Students should come to every class prepared to be outdoors, rain or shine.

### **ASSESSMENTS**

#### **Leadership Assignment in Outdoor Program Management**

After viewing the course calendar of activities, students will be asked to form into groups that will be responsible for creating and executing a trip plan for a day's activities. Groups will be asked to seek continuous feedback on these plans from their fellow students and instructor before, during and after leading their assigned activities. Time for such feedback sessions will be provided for during every class. The instructor will be available to guide students and help them coordinate their plans for their respective days.

#### **Leadership Presentation**

Students will be asked to share an original leadership story with the class, and then facilitate conversation around their story with the class. Each student will be asked to spend 15 minutes sharing their story and ensuing conversation. Group leaders for that given day will be tasked with assisting presenters in facilitating conversation around their story, and with providing any other supports that presenters may require.

#### **Final Paper**

Students will be required to submit a paper that explores the core theme of leadership. The paper should be word processed and meet the basic requirements (APA style) for formal academic papers. Proper referencing (APA) is required.

#### **Engagement and Professionalism**

Students will receive a daily grade from their Instructor for their active engagement in, and the professionalism brought to, each day's activities.

## EVALUATION

Marks will be assigned as follows:

Outdoor Program Management Assignment	30%
Presentation	20%
Engagement and Professionalism	25%
Final Paper	25%
<b>Total</b>	<b>100%</b>

## REQUIRED TEXTBOOKS/MATERIALS

There is no required textbook. However, readings will be assigned and provided by the instructor on the Moodle course site.

## EQUIPMENT, TRANSPORTATION AND FIELD TRIPS

Students are expected to provide their own outdoor clothing and gear for all activities. Camping and canoeing gear will be provided by the College. Students are also expected to arrange their own personal transportation for activities in the Whitehorse area (e.g., Mount Mac Ski Centre, Fish Lake, Grey Mountain).

International students should ensure that they are familiar with the procedures and responsibilities associated with their medical insurance.

## LATE PENALTIES

Late assignments will lose 10% for each day they are handed in late, including weekends.

## ACADEMIC AND STUDENT CONDUCT

Information on academic standing and student rights and responsibilities can be found in the current Academic Regulations that are posted on the Student Services/ Admissions & Registration web page.

## **PLAGIARISM**

Plagiarism is a serious academic offence. Plagiarism occurs when students present the words of someone else as their own. Plagiarism can be the deliberate use of a whole piece of another person's writing, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material. Whenever the words, research or ideas of others are directly quoted or paraphrased, they must be documented according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Resubmitting a paper which has previously received credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the College.

## **YUKON FIRST NATIONS CORE COMPETENCY**

Yukon College recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon College program, you will be required to achieve core competency in knowledge of Yukon First Nations. For details, please see [www.yukoncollege.yk.ca/yfnccr](http://www.yukoncollege.yk.ca/yfnccr).

## **ACADEMIC ACCOMMODATION**

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon College Academic Regulations (available on the Yukon College website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, he/she should contact the Learning Assistance Centre (LAC) at (867) 668-8785 or [lassist@yukoncollege.yk.ca](mailto:lassist@yukoncollege.yk.ca)

**CLASS SCHEDULE**

Sept. 6	Course Introductions Local Hike	Instructor Led
Sept. 13	Grey Mountain Hike	Student Led
Sept. 20 - 22	Canoe Trip	Instructor/Student Led
Sept. 27	Mountain Biking	Student Led
Oct. 4	Hike and Wilderness Survival	Student Led
Oct. 11	First Nations Sweat and Potluck	Student Led