

School of Health, Education & Human Services HCA 160 PRACTICUM: MULTI-LEVEL & COMPLEX & DEMENTIA Fall, 2022 4 Credits

Course Outline

INSTRUCTOR: Susan Walton RN & TBD E-MAIL: swalton@yukonu.ca TELEPHONE: TBD OFFICE: n/a CLASSROOM: Off Site in Long Term Care Facilities in Whitehorse CLASS TIMES: • Thursdays: Oct. 6, 20, 27 / Nov.; 3, 10, 17, 24 / Dec. 1, 8, 15 • Tuesdays; Oct 11, Nov. 22, 29, Dec. 6, 13 • Friday: Dec 9 (only) Practicum Shifts times generally 0700-1500 Practicum Orientation: Thursday Sept 15 (0900-1600) a room on campus will be booked

CRN: 10064

HEHS Office: A2400 Ayamdigut Campus hehs@yukonu.ca (668-8781)

COURSE DESCRIPTION

This course provides students with an opportunity to apply knowledge and skills from theory courses to working with individuals and families in multi-level or complex care settings. A portion of this clinical placement will be spent working with individuals experiencing cognitive challenges. Opportunity will be provided for students to gain expertise and confidence with the role of the HCA (Nursing Home Attendant) within a continuing care facility.

COURSE REQUIREMENTS

Prerequisite(s): None

EQUIVALENCY OR TRANSFERABILITY

Transfers not formalized through BCCAT. Receiving institutions determine course transferability. Find further information at: <u>https://www.yukonu.ca/admissions/transfer-credit</u>

LEARNING OUTCOMES

Upon successful completion of the course, students will be able to:

- provide person-centered care and assistance that recognizes and respects the uniqueness of each individual resident or client
- use an informed problem-solving approach to provide care and assistance that promotes the physical, psychological, social, cognitive and spiritual well-being of clients and families
- provide care and assistance for clients experiencing complex health challenges
- provide care and assistance for clients experiencing cognitive and/or mental health challenges
- interact with other members of the health care team in ways that contribute to effective working relationships and achievement of goals

- communicate clearly, accurately and in sensitive ways with clients and families within a variety of contexts
- provide personal care and assistance in a safe, competent and organized manner
- recognize and respond to their own self-development, learning and health enhancement needs
- perform the care-giver role in a reflective, responsible, accountable and professional manner.

YUKON FIRST NATIONS CORE COMPETENCY

Yukon University recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon University program, you will be required to achieve core competency in knowledge of Yukon First Nations. For details, please see www.yukonu.ca/yfnccr

COURSE FORMAT

This course takes place in a work setting and involves the application of theory to practice.

Delivery format

This course will be delivered through face-to-face in appropriate practicum facilities in the community (Whitehorse) corresponding to regular day shift hours (mostly) of said facility. These work experiences will be variable in length and time and occur on various days during the week. Each student must complete 210 hours (minimum) of placement. Clinical placement time may vary and include learning in lab/simulation settings when appropriate. NOTE: This course runs over both the fall and winter semester.

Students will be required to adhere to public health guidelines as outlined by the facility they do practicum shifts in. More information about the specific precautions will be reviewed during the HCA Practicum Orientation in September.

EVALUATION

All evaluative components for this course are mandatory.

This Course is graded Pass or Fail.

Participation	See below
Assignments:	See below
Reflective Workbook	
 Resident Assignment & Workplan 	
Mini Assignments	
Student Skills Log Booklet	
Instructor Evaluation	See below
Buddy Feedback	See below
Total	Pass/Fail

There are specific Due dates for Mini- Assignments. Other assignments will have dates assigned by practicum instructor. All components completed *within ONE week of final practicum shift*; failure to do so result in not passing the course

Evaluation criteria include the following (further details reviewed in practicum orientation):

- 1. Attendance
- 2. Reflective Workbook sheets (done daily for every Practicum Shift)
- 3. Resident Assignment
- 4. Workplan
- 5. Mini Assignments (Dietary, Laundry, Activity)

- 6. Student Skills Log Booklet (updated throughout practicum & also associated with HCA 140/141 courses)
- 7. Buddy Feedback
- 8. Instructor Evaluation
- 9. Preceptorship Learning Plan & Evaluation (Tentative: depends on COVID situation in Spring 2023)

Due Dates for evaluative components will be reviewed during practicum orientation September Sept 15, 2022

Attendance:

Regular attendance for clinical placement and any lab/classroom sessions is essential for successful completion of this course: Please refer to Student Manual (Clinical Placement section) for details of attendance and other practicum requirements.

Students must complete **<u>210hrs</u>** during this practicum to successfully complete this course.

Reflective Workbook:

Students will complete a reflective workbook (using reflective sheets provided), to set goals and document their learning throughout the course.

Resident Assignment:

Students will complete a comprehensive resident study that incorporates a person-focused approach to resident care.

Workplan(s):

Students will complete one or more workplans to assist them in planning care for residents.

Mini Assignments:

Students will complete mini assignments related to resident care and supportive activities in practicum care facilities

Student Skills Summary Log:

Students will maintain/update the skills log booklet from HCA 140/141 and document continued progress and growing competency, using this written log, throughout their practicum.

Buddy Feedback:

Agency staff you are buddied with will give verbal and written feedback to staff on your performance related to practicing of skills and professionalism. Buddies complete these in confidence; you are NOT permitted access to these forms. Practicum instructors will summarize (anonymously) essential feedback for you.

Instructor Evaluations:

Instructors will assess and evaluate student progress using a variety of methods such as staff feedback and meetings with students. Regular onsite meetings will also provide instructor insight into students' progress.

TEXTBOOKS & LEARNING MATERIALS Wilk, M. J. (2022) <u>Sorrentino's Canadian Textbook for the Support Worker</u> 5th ed. Elsevier, Toronto

www.yukonu.ca

Wilk, M/Sekhon, N./Sorrentino, S./Remmert, L./Kelly,R. (2022) <u>Workbook to Accompany Sorrentino's Canadian Textbook</u> <u>for the Support Worker</u> 5th ed. Elsevier, Toronto

Worksafe BC <u>Back Talk</u>. An Owner's Manual for Backs **OR** @ <u>https://www.worksafebc.com/en/resources/health-safety/books-guides/back-talk-an-owners-manual-for-backs?lang=en</u>

COURSE WITHDRAWAL INFORMATION

Students may officially withdraw from a course or program without academic penalty up until two-thirds of the course contact hours have been completed. Specific withdrawal dates vary, and students should become familiar with the withdrawal dates of their program. See withdrawal information at www.yukonu.ca/admissions/money-matters

Refer to the YukonU website for important dates: www.yukonu.ca/admissions/important-dates

Refunds may be available. See the Refund policy and procedures at www.yukonu.ca/admissions/money-matters

ACADEMIC INTEGRITY

Students are expected to contribute toward a positive and supportive environment and are required to conduct themselves in a responsible manner. Academic misconduct includes all forms of academic dishonesty such as cheating, plagiarism, fabrication, fraud, deceit, using the work of others without their permission, aiding other students in committing academic offences, misrepresenting academic assignments prepared by others as one's own, or any other forms of academic dishonesty including falsification of any information on any Yukon University document.

Please refer to Academic Regulations & Procedures (updated bi-annually) for further details about academic standing, and student rights and responsibilities: www.yukonu.ca/policies/academic-regulations

ACADEMIC ACCOMMODATION

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon University Academic Regulations (available on the Yukon University website at www.yukonu.ca/policies/academic-regulations

It is the student's responsibility to seek these accommodations by contacting the Learning Assistance Centre (LAC): LearningAssistanceCentre@yukonu.ca.

TOPIC OUTLINE

Application of Skills learned in HCA labs and theory classes

Indigenous Knowledge/Perspectives

- Prior to practicum HCA students attend a full day 'Residential Schools and Caregiver' Workshop. This is focused on what students should know (historically and in current context) so they consider how they might approach care at the bedside in a more culturally safe manner
- Practicum instructors connect to First Nations Liaison staff at LTC facilities speak to HCA students during their practicum
- When possible, the Healing room (in WBP, TC facilities) is toured and staff explain role in healing and supporting residents/families